



Genitourinary Medicine (GUM) is a Group 1 medical speciality that involves the investigation, diagnosis and management of sexually transmitted infections (STIs) and HIV. The speciality also includes the provision of standard and emergency contraception, in addition to training in General Internal Medicine (GIM). As a GUM physician, you will have the opportunity to make a positive and long-lasting impact on patients' lives. You will form part of a community of professionals that love GUM and are passionate about improving the sexual health of the UK.

Whilst sexual health and HIV care is predominantly delivered in an outpatient setting, GUM physicians also work across inpatient HIV care. They contribute to on-call rotas and spend some time working in GIM. GUM physicians have a considerable public health role, in the early detection, effective treatment and prevention of onward transmission of STIs and blood borne viruses.

GUM is meaningful and rewarding

The impact a single sexual health consultation can have on patients' mental and physical health is significant and can be long-lasting.

"GUM is one of the only specialties where you can see someone diagnose them and treat them on the same day. People come in petrified and upset and they leave happy... or at least happier."

GUM is varied and holistic

The variation in GUM enables people to shape the consultant they want to be.

"People don't know that GUM is so integrated and don't realise that HIV, women's health, contraception and public health are baked into it."

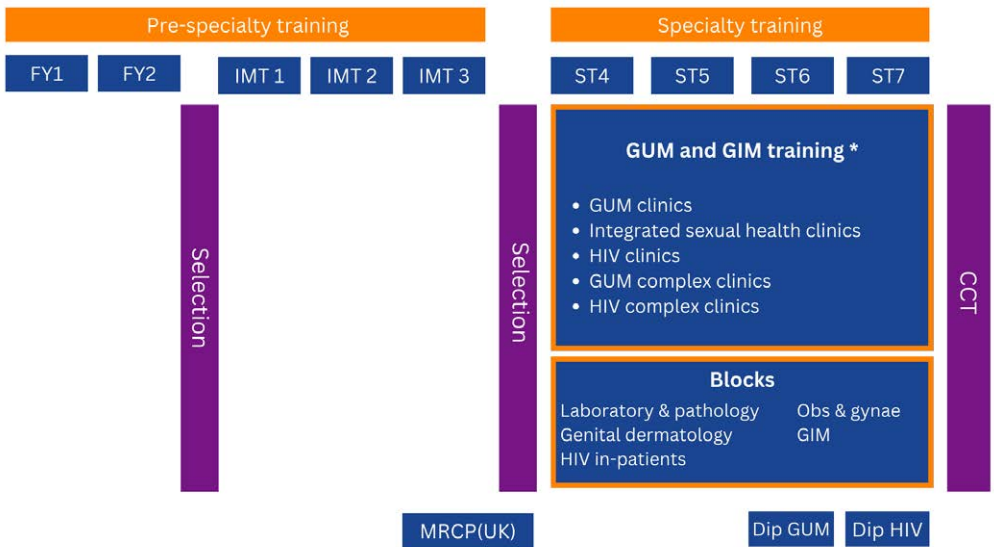
GUM is a speciality known for its autonomous, fun, and collaborative culture

The culture in GUM is passionate and supportive.

"GUM is a bizarre little happy corner of the NHS where people actually really love their job, and they turn up in a good mood and they want to do well."

Find out more at <https://lovegum.bashh.org/>





* GUM/GIM training = GUM (36 months) and GIM (12 months) with GIM integrated flexibly across the 4 year specialty training programme in blocks of at least 3 months at a time with at least 3 months of GIM in the final year of training. Of note, in-patient HIV/ID experience placements can be used to deliver up to three months of the required GIM training competencies.

“ Being able to treat a range of patients from young teenagers to older adults with a host of different health issues is a great part of the job, and rare in other specialties. Having an on-site lab and microscopy facilities which allow you to diagnose and treat patients at that very moment is extremely satisfying.”

David Brown, ST5, Glasgow

“ Patients often attend sexual health/HIV clinics in varying states of anxiety, and being able to support them with education and a treatment plan is so rewarding. I get to work with the most diverse patient cohort in any aspect of medicine, and the staff are always the best. It really is a privilege to work in GUM and I'm so glad I found my role there.”

Sean McGinley, ST5, Belfast

“ I have been able to get involved in clinical trials, epidemiological research, teaching, and community engagement. I have been really supported to build my own area of research expertise and successfully apply for PhD funding.”

Manik Kohli, ST6, London

“ I spent four years living and working in Botswana as the lead doctor for a multi-site clinical trial of a novel treatment regimen for HIV-associated cryptococcal meningitis... My OOP experience was one of the highlights of my career to date and has enabled me to develop into an emerging researcher in my field.”

David Lawrence, ST5, London

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